ABSTRACT OF THE DISCLOSURE

A system for making automatic backup copies of files when a personal computer is switched off, comprises at least one personal computer, an internal or external storage unit, a principal power relay and configurable control software. The system runs a configurable backup of selected files from the computer's hard drive to the storage unit, after which the computer is switched off by cutting power to the power relay. The control software is accessed by means of a user code, which is also being required to restore encrypted backup copies.